

Protecting Children Against Pornography

Resources

https://www.youtube.com/watch?annotation_id=annotation_2767197257&feature=iv&src_vid=x_ijWnjcOY&v=UNeYQA3ZeX8

(Parent & Child 'Conversation Starter' Video: *What Should I Do When I See Pornography?*)

Protect Young Minds

<https://protectyoungminds.org/resources/>

<https://protectyoungminds.org/2018/03/27/5-sneaky-locations-porn-finds-kids/>

(Article: *5 Sneaky Locations Porn Finds Kids*)

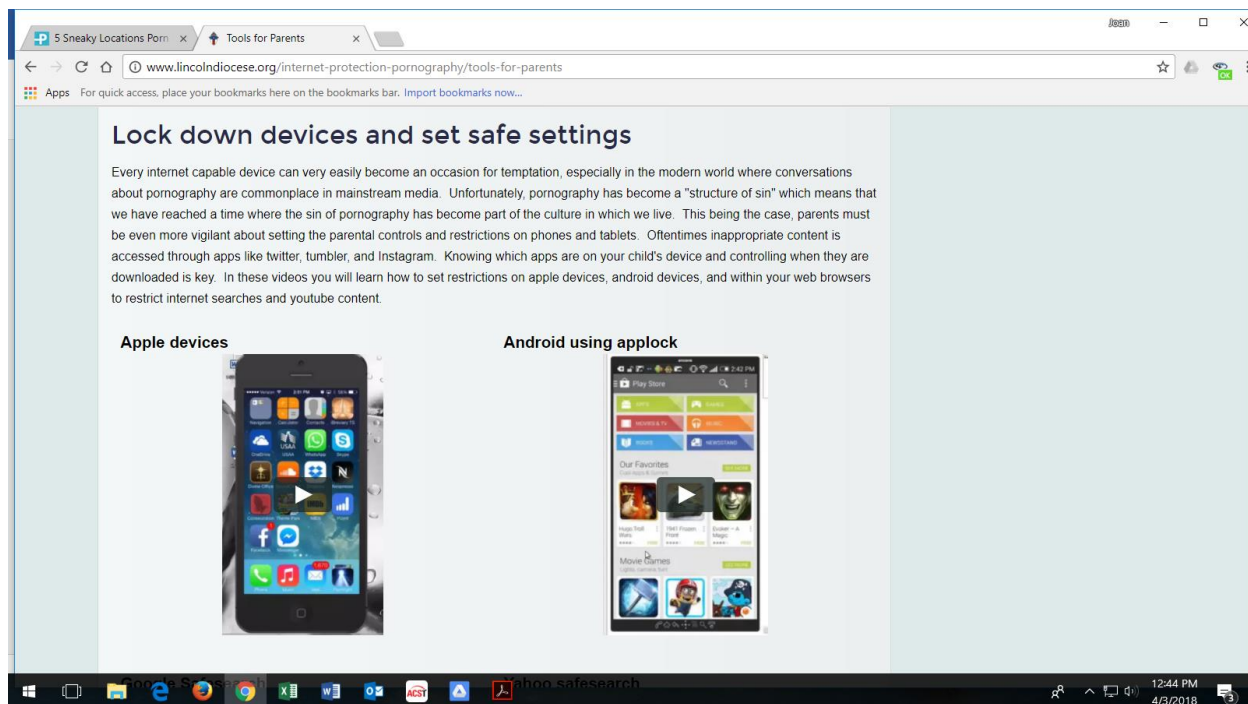
Diocese of Lincoln, NE Family Life Internet Protection & Freedom from Pornography

<http://www.lincolndiocese.org/internet-protection-pornography>

(links to tools, resources and youth protection information)

<http://www.lincolndiocese.org/internet-protection-pornography/tools-for-parents>

The screenshot shows a web browser window displaying the 'Tools for Parents' page on the Diocese of Lincoln website. The page features a navigation menu with categories like 'FAMILY LIFE OFFICE', 'FAMILY RESOURCES', 'NATURAL FAMILY PLANNING (NFP)', 'MARRIAGE & ENGAGEMENT', 'BEREAVEMENT, DIVORCE & HEALING', 'INTERNET PROTECTION & PORNOGRAPHY', 'SCOUTING & AWARDS', and 'DIOCESE HOME'. The main content area is titled 'Tools for Parents in the Internet Age' and includes a welcome message, a video player with the title 'Encountering the Love of God in the ...', and a list of resources such as 'Set up Filtering at Home', 'Lock down Devices and Settings', 'Talking to your Kids', 'Education for Love', 'Monitoring your children online', 'Parental controls on video games', 'Other Resources', 'Perils of Procrastination', and 'The vocation of protector'. A 'Contact Information' sidebar on the right lists the Director, Rev. Sean Kilcawley, and the Secretary, Lori Weskamp, with their respective contact details. The Windows taskbar at the bottom shows the time as 12:44 PM on 4/3/2018.



What about my teenager?

If you have a teen and you are nervous about starting this conversation, here are some tips:

1. Have an amnesty day. This means that your child will not be punished for anything that is shared during the conversation. You are worried about him/her and you simply want to know how they are doing.
2. Ask if and when they first saw pornography. Remember that the *average* age of first exposure is 8-11. It shouldn't be surprising if they have seen something.
3. Ask "How did that make you feel?" It is natural that it may have made them feel a mixture of good, gross, confusion, and curious. Keeping those feelings a secret can also keep a young person trapped in a cycle of shame.
4. Say, "I'm sorry that happened to you." If they were exposed at home, take responsibility for not putting proper parental controls in place. It is difficult to keep up with technology, and we can all make mistakes. When we do we apologize and make things better.
5. "We are going to do better." This is your opportunity to implement some changes to help your teens stay away from pornography and other harmful content. Many young people experience relief when their parents make these positive changes at home.

Archdiocese of Galveston-Houston *Circle of Grace Children's Protection Program*

Parent Packet:

<http://www.stlaurence.org/documents/2017/11/COG%20Parent%20Initial%20Notification%20Packet.pdf>

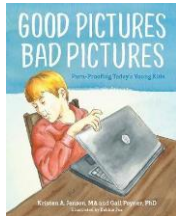
Grade Level 'Conversation Starter' Newsletters:

Refer to Handouts

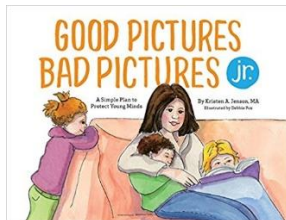
Adult Safe Environment Training

<https://www.virtusonline.org/virtus/>

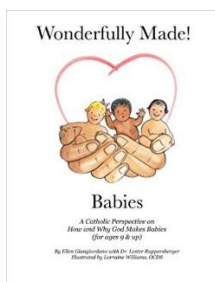
Books



Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids by Kristen A. Jenson <https://www.amazon.com/Good-Pictures-Bad-Porn-Proofing-Todays/dp/0615927335> (Ages 8-12, \$16.59)



Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds by Kristen A. Jenson https://www.amazon.com/Good-Pictures-Bad-Jr-Protect/dp/0997318724/ref=pd_lpo_sbs_14_img_0?encoding=UTF8&psc=1&refRID=7Q36NQ T042NVCTV2EA1Q (Ages 3-9, \$17.27)



Wonderfully Made! Babies: A Catholic Perspective on How and Why God Makes Babies by Ellen Giangjordano https://www.amazon.com/Wonderfully-Made-Babies-Catholic-Perspective/dp/1491078189/ref=sr_1_1?ie=UTF8&qid=1522779543&sr=8-1&keywords=wonderfully+made (Ages 9 and up, \$12.00)