

Elementary CCE

Lenten 'At Home' Service Project

February 6/7, 2018

CCE Parents: We will once again help the children served by Bethel Ministry in Stafford, TX by creating Spring Break 'Survival' Kits.

Many of the children served by Bethel Ministry's after-school program are beneficiaries of meal assistance services provided through their schools.

Over Spring Break, many of these children will go without breakfast and/or lunch which they normally would receive during the day at school. When school is not in session they often do not receive these corresponding meals at home.

By providing the students with Spring Break 'Survival' Kits, we hope to provide them with a meal when they normally would not receive one.

Directions to assemble 'Survival' Kits:

- Speak to your child about the problem of child hunger in the U.S. Together as a family, watch one or all of these videos: *Kids Respond to Child Hunger* at <https://www.youtube.com/watch?v=OwIuOVJAn-0>, *Going to Bed Hungry: The Changing Face of Child Hunger* at <https://www.youtube.com/watch?v=hROIwULP914>, or *Meet Kate: Houston Food Bank* at <https://www.youtube.com/watch?v=koOZ29ZZ6-c>. After watching, discuss what you as a family can do to help eradicate this problem of childhood hunger.
- Have your child decorate the two (2) paper lunch bags attached, being sure that they **DO NOT put their full name** on the bag if they sign it. Below are some samples of possible decorations/designs. Have your children use their imaginations and be creative!



- After the bags are decorated, pack each one with: (see examples of foods on the back):
 - 1 microwavable meal
 - 1 fruit cup
 - 1 juice box
 - 1 cookie or treat pack
 - 1 protein or granola bar
- Please **SECURE OR SEAL** the bags once they are assembled, by **FOLDING** down the tops and **STAPLING** them shut.
- Drop off your completed bags in the bin in the church narthex before our Spring CCE Masses on February 27th (Tuesday) and February 28th (Wednesday).

Questions? Contact Joan at jhastreiter@stlaurence.org or 281.265.5774.

THANKS!!

In each lunch sack, please put:

- On the bottom of the bag, one (1) **single serving sized** microwavable meal (**any** brand or variety), such as:



- One (1) **single serving sized** cup of fruit (**any** brand or variety), such as:



- One (1) **single serving sized** juice box or pouch (**any** brand or variety), such as:



- One (1) **single serving sized** cookie or treat pack (**any** brand or variety), such as:



- One (1) **single serving sized** protein bar (**any** brand or variety), such as:



Reminders:

- Please make sure that **NOTHING** placed in the bags is perishable or needs refrigeration as our storage cannot accommodate this.
 - Please stack the items in the bag in 'puzzle-like' fashion, making the items fit nicely with heaviest items at the bottom, so that the top can be folded down and fastened with a stapler when you are finished.
- Bring your lunch kits to our CCE Spring Masses on February 27th & 28th. Look for the bin in the church narthex at arrival to place them in.

Thanks for your generosity!